# Pollinator Friendly Gardening

Prepared by: Etobicoke Master Gardeners



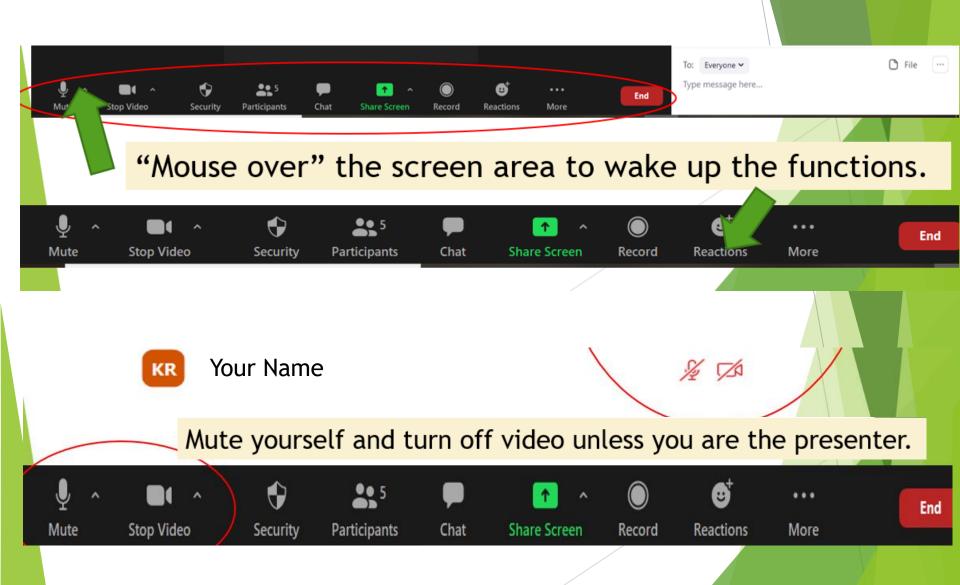
Presented with: Humber Arboretum



Etobicoke Master Gardeners www.etobicokemastergardeners.ca

Humber Arboretum
Humber.ca/arboretum

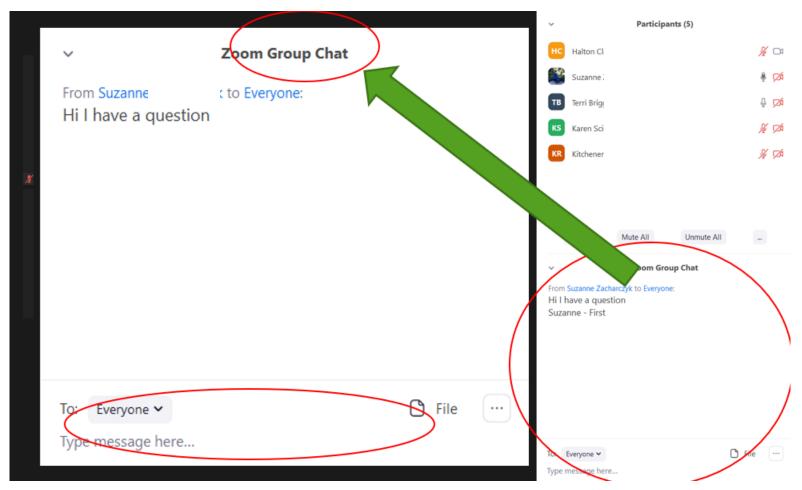
## **Zoom Tips & Tricks**





#### How to ask a question:

- ✓ Click on "Chat" in the functions
- ✓ Type in your question. A moderator will read it.



#### Master Gardeners of Ontario



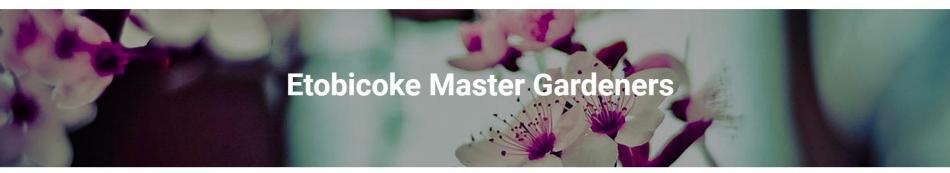
AROUTUS

CONTACTUS

CALENDAR OF EVENTS

COMMUNITY ACTIVITIES

EMG MEMBER LOGIN



Etobicoke Master Gardeners (EMG) was formed in January 2005 to support and provide valuable resources to the Etobicoke Gardening Community.

EMG members meet at the Kingsway-Lambton United Church the fourth Wednesday of most months from 7 to 10 p.m.

We welcome inquiries from enthusiastic and interested individuals wishing to:

- learn more about joining our group
- studying for Master Gardener (MG) designation
- increasing and sharing their knowledge
- network, share ideas, and work with others who have similar

NATIVE PLANT WORKSHOP VIDEO

Thank you to everyone who joined the Etobicoke Master Gardeners, and Humber Arboretum at the Native Plant Workshop

Check-out the details on the 2023 Workshop Series!

For full details visit our Community Activities page

Our upcoming Workshop Topic on April 29, 2023 is "Invasive Plants, Controls, and Alternatives" - Virtual Workshop

Join the Etobicoke Master Gardeners and the Humber Arboretum for a free workshop on *Invasive Plants*. Learn the definition of an invasive





The Humber Arboretum consists of nearly 250 acres of public gardens and natural areas located in the Humber River watershed in North Etobicoke. Connected to Humber College North Campus, it exists as a unique tri-partnership between Humber College, the City of Toronto, and the Toronto and Region Conservation Authority (TRCA). The Humber Arboretum is free to visit and offers a variety of programming to both Humber College students and the public.



Humber Arboretum and Humber College are located within the traditional and treaty lands of the Mississaugas of the Credit.

Known as Adoobiigok [A-doe-bee-goke], the "Place of the Alders" in Michi Saagiig [Mi-Chee Saw-Geeg] language, the region is uniquely situated along the Humber River Watershed, which historically provided an integral connection for Anishinaabe [Ah-nish-nah-bay], Haudenosaunee [Hoeden-no-shownee], and Wendat [Wine-Dot] peoples between the Ontario Lakeshore and the Lake Simcoe/Georgian Bay regions.

Now home to people of numerous nations, Adoobiigok continues to provide a vital source of interconnection for all.



## **Poll Question**

Do you have a pollinator or bird friendly garden?

- 1. Yes
- 2. No
- 3. Yes, but I want to learn how to encourage more pollinators & birds



## **Session Topics**

- Ecology in your backyard
- ✓ Importance of Pollinators
- ✓ What is Pollination
- ✓ Meet the Pollinators
- ✓ Threats to Pollinators and Birds
- Create a Pollinator and Bird friendly garden
- ✓ Plants for Pollinators and Birds
- ✓ Birds of Ontario
- ✓ Get Engaged & Fun projects

Ecology in your backyard



# Ecology in your backyard

- ✓ Plants and insects have co-evolved in a **symbiotic** relationship
- ✓ Every garden **needs pollinators**; without them there would be limited numbers of flowers, and even fewer fruits and vegetables
- ✓ Pollinators are looking for 3 things when they visit plants: **nectar, pollen, and a host plant**

A tiny halictid bee is gathering pollen

A bumblebee gathers nectar from a lily

# Ecology in your backyard

- ✓ **Nectar** is a sweet reward that makes the pollinator move from plant to plant.
- ✓ Scent often advertises the presence of nectar
- ✓ **Pollen** = protein, which is fed to bee larvae
- ✓ Host Plant is one which serves as a food source for butterfly larvae
- ✓ Other uses...





Importance of Pollinators

# Importance of Pollinators

Worldwide it is estimated that ...

- ✓ 75-95% of all flowering plants
- ✓ 1 of 3 mouthfuls of food we eat & beverages
- ✓ Over ½ the world's diet of fats/oils from oilseed crops

✓ More than 1,200 crops grown for medicines, beverages, fibres, condiments, spices and

medicines

...are dependent on Pollinators

# Importance of Pollinators

- ✓ Ecosystem service reproductive success
- ✓ Natural landscape
- ✓ Support wildlife
- ✓ Biodiversity
- ✓ Enhances soil quality

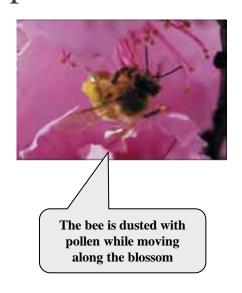


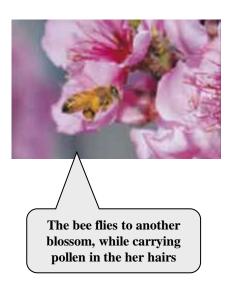


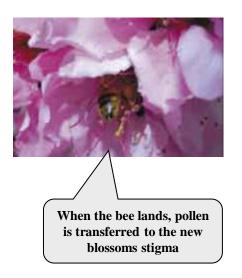
What is Pollination?

### What is "Pollination"?

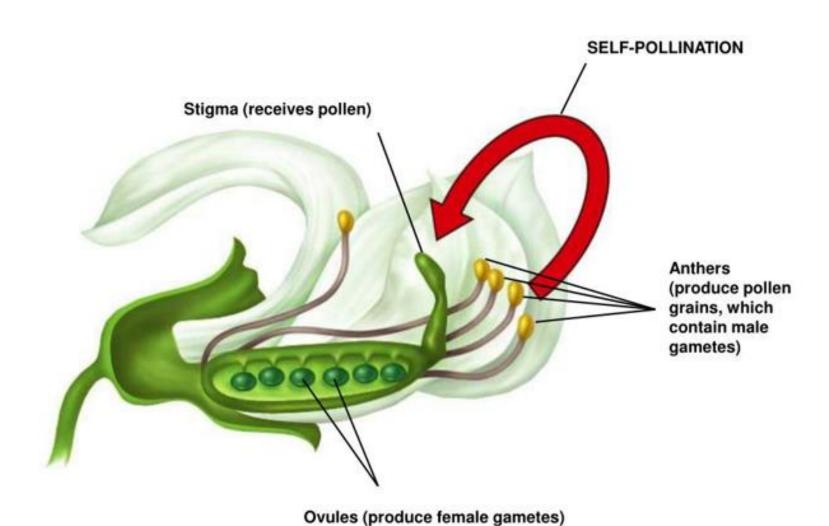
- ✓ The process by which pollen grains, the male components that carry a plant's genetic information, reach the female reproductive parts of another flower of the same species
- ✓ Pollination is necessary for sexual reproduction in plants



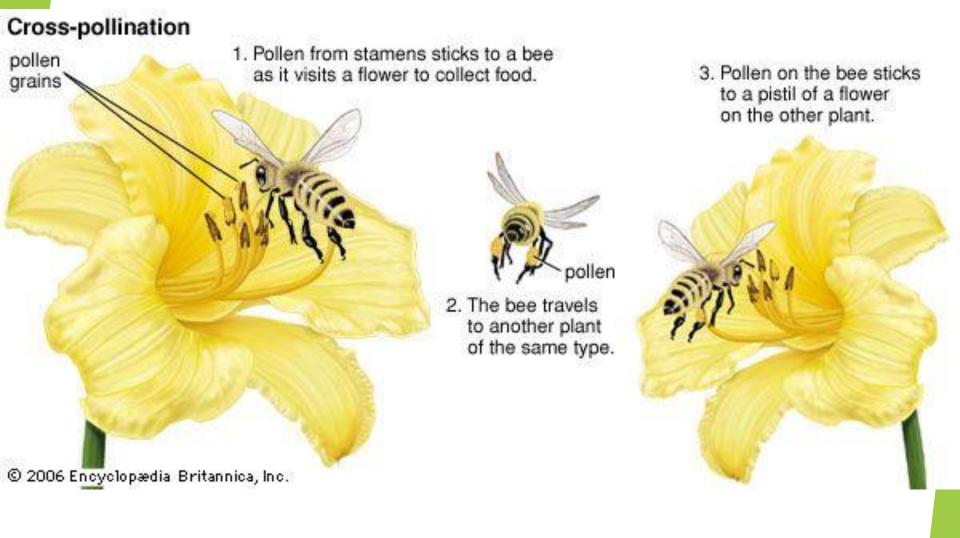




# Plants can be self-pollinating



# Plants can be *cross-pollinating*



# How do pollinators see plants?



#### Pollen

- ✓ The yellow, white, or brown powder at the center of most flowers
- ✓ There are two types of pollen
  - ✓ Light, dusty pollen
  - ✓ Heavy, sticky pollen
- ✓ Many complex flowers force bees to forage in a restricted position, while some plants stagger the timing of pollen release





# Meet the Pollinators



## **Pollinators**









http://www.pollinationcanada.ca

# Bees (Apoidea or Apiformers)

- There are 4,000 species, with over 800 species native to Canada
- ✓ Are the most important pollinators in North America











### Meet Toronto's Official Bee

✓ The Metallic Green Sweat Bee (*Agapostemon virescens*) was voted the official bee of Toronto by City Council in April 2018.



## Butterflies and Moths (Lepidoptera order)



## Beetles (Coleoptera order)



**Flower Longhorn Beetle** 



# Flies (*Diptera* order)

Flower Fly / Hover Fly





### Threats to Bees and Other Pollinators

- ✓ Pollinators are in decline throughout the world including North America
- **✓** Primary reasons for the decline:
  - ✓ Habitat destruction from human development and agriculture
  - ✓ Overuse of pesticides
  - Competition from invasive exotic species
  - ✓ Lack of awareness on the role they play
  - ✓ Climate change



# **Poll Question**

What are the most common pollinators in your garden?

- 1. Bees
- 2. Butterflies & Moths
- 3. Beetles
- 4. Flies
- 5. Hummingbirds
- 6. All of them



Create a Pollinator and Bird friendly garden



## What is a Pollinator Garden?

- ✓ where the gardener considers the pollinator potential of a plant
- ✓ where the design and plant choices
  are focused on attracting pollinators
- ✓ provide nectar or pollen
- diversity of flowering plants
- emphasis on native plants
- ✓ imitates nature to attract pollinators



✓ Plant Natives



- ✓ Provide a succession of flowers
- ✓ Plant flowers in clumps



✓ Provide a variety of

- ✓ Colours
- ✓ Scents
- √ Shapes
- ✓ Types/species





- ✓ Keep it Natural
- ✓ Don't Use Pesticides
- Provide freshWater & nestingsites
- ✓ Plant where pollinators will visit



# Elements of Bird Garden Success

All birds require are 3 basic elements;

- ✓ "Supper"
- ✓ "Sip"
- **✓** Shelter



#### Food! An element for Success

- Most food sources are natural
- Augment natural sources with feeders
  - ✓ Tube
  - ✓ Hopper
  - ✓ Tray
  - ✓ Suet
  - ✓ Sugar-Water





#### Water! An element for Success

- ✓ Needed for drinking and bathing
- ✓ Water Sources
  - ✓ Consider functionality, materials, location, winter heating, accessibility and cleanliness
- ✓ Small ponds or streams



#### Shelter! An element for Success

- ✓ Trees, shrubs, and hedges
- ✓ Birdhouses
  - ✓ Birds are picky!

    Keep size, shape

    and openings of

    their homes in mind





Native Plants for Pollinators and Birds!

Legend:



Attracts bees



Attracts butterflies



Attracts birds



Attracts flies











# Wild Bergamot (Monarda fistulosa)



Photo provided by: Humber Arboretum





Attracts butterflie



Attracts birds

Attracts flies

# Big Blue Geranium (Geranium maculatum)



#### Black eyed Susan (Rudbeckia hirta)









#### Blazing Star (Liatris)

(Liatris cylindricea)

(Liatris spicata)

Phots by: Shane Kingsley, EMG









# Bunchberry (Cornus canadensis)





Attracts bees



Attracts butterflies



Attracts files

# Dogwood (Cornus)



#### Gray-headed Coneflower (Ratibida pinnata)

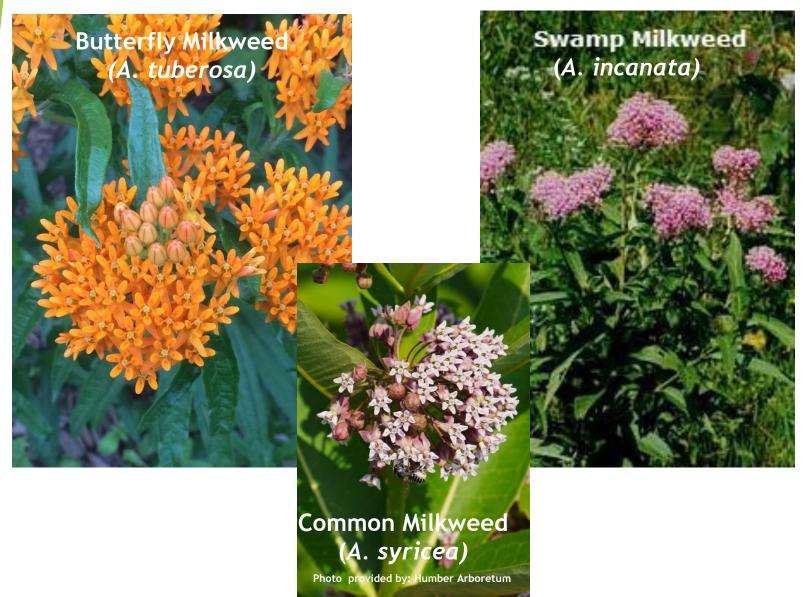








#### Milkweed (Asclepiadaceae)











Attracts flies

## Nanny Berry (Viburnum lentago)



#### Red columbine (Aquilegia canadensis)











#### Serviceberry (Amelanchier)



# Sumac Rhus (Anacardiaceae)



#### Sweet Joe Pye weed (Eutrochium purpureum)



#### Tall Sunflower (Helianthus gigantus)



## Turtlehead (Chelone glabra)







#### Canadian Wild Ginger (Asarum canadense)













#### White Trillium (Trillium grandiflorum)





# And many others they will love...

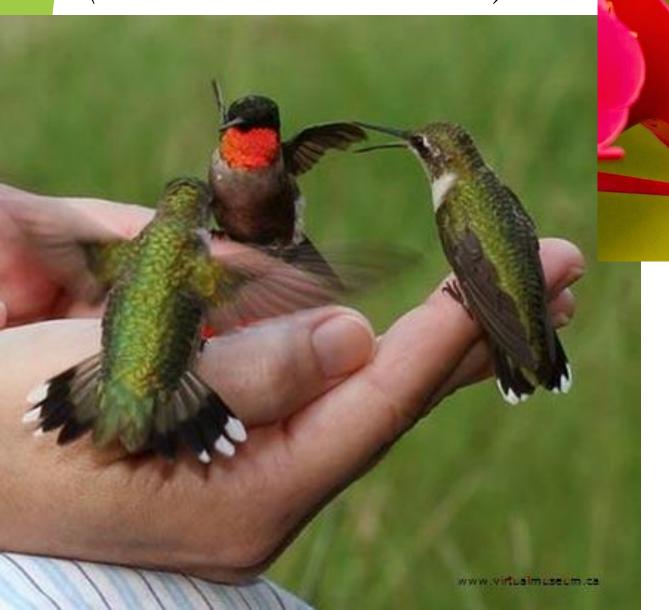




of them

Ruby-Throated Hummingbird

(Archillochus alexandri)



#### American Goldfinch (Carduelis tristis)



## American Robin (Turdus migratorius)



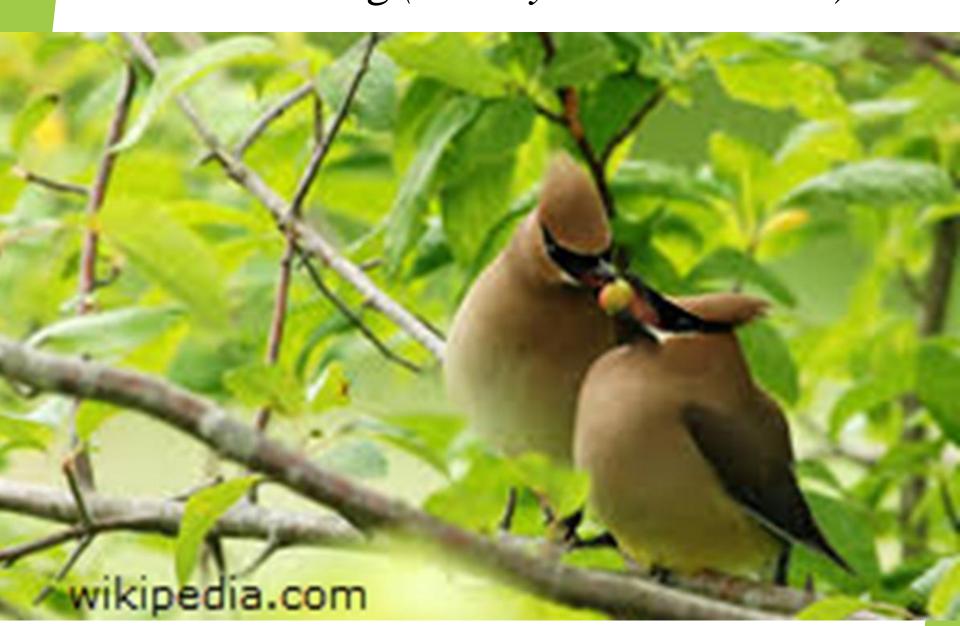
#### Black-Capped Chickadee (Carpodacus mexicanus)



# Blue Jay (Cyanocitta cristata)



## Cedar Waxwing (Bombycilla cedrorum)



#### Dark-Eyed Junco (Junco hyemalis)



#### Downy Woodpecker (Picoides pubescens)



#### Northern Cardinal (Cardinalis cardinalis)



#### Red-Breasted Nuthatch( Sitta Canadensis)

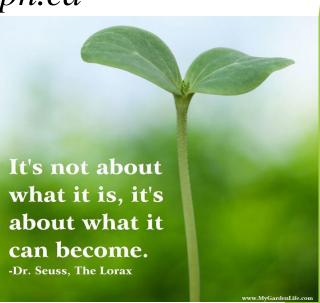


# Get engaged & Fun Projects

#### How can you become involved?

- ✓ PlantWatch naturewatch.ca/plantwatch
- ✓ Global Pollinator Watch inaturalist.org/projects/global-pollinator-watch
- ✓ Pollinator Partnership Canada pollinatorpartnership.ca
- ✓ Ontario Nature *ontarionature.org*
- ✓ Pollination Guelph *pollinationguelph.ca*

✓ *And many others...* 



#### Some Fun Projects

Provide an opportunity for entertainment and education

- ✓ Build a:
  - ✓ Pollinator Garden
  - ✓ Solitary Bee House
  - ✓ Pollinator bath
  - ✓ Bird House
  - ✓ Suet & Seed Feeders









#### Resources

- ✓ Etobicoke Master Gardeners <u>www.etobicokemastergardeners.ca</u>
- ✓ Master Gardeners <u>www.mgoi.ca</u>
- ✓ Humber Arboretum Pollinator Garden (humber.ca)
- City of Toronto "Best Native Plants" lists <a href="https://www.toronto.ca/legdocs/mmis/2018/pe/bgrd/backgroundfile-113557.pdf">https://www.toronto.ca/legdocs/mmis/2018/pe/bgrd/backgroundfile-113557.pdf</a>
- ✓ Douglas Tallamy, <u>Bringing Nature Home</u>, Timber Press 2009.
- Evergreen Native Plant Database <u>www. nativeplants.evergreen.ca</u>
- ✓ Heather Holm, Pollinators of Native Plants, Pollination Press, 2014.
- ✓ Halton Master Gardeners list of Ontario native plant nurseries.

  <a href="https://haltonmastergardeners.com/2020/03/28/native-plants-nurseries-in-ontario/">https://haltonmastergardeners.com/2020/03/28/native-plants-nurseries-in-ontario/</a>
- ✓ In The Zone <u>www.inthezonegardens.ca</u>
- Lorraine Johnson, 100 Easy-to-Grow Native Plants for Canadian Gardens, 3<sup>rd</sup> edition, Whitecap Books.
- ✓ Mississauga Blooming Boulevards <a href="http://www.bloomingboulevards.org/our-plants">http://www.bloomingboulevards.org/our-plants</a>
- ✓ Ontario Trees & Shrubs <u>www.ontariotrees.com</u>
- ✓ Ontario Wildflowers <a href="http://www.ontariowildflowers.com/">http://www.ontariowildflowers.com/</a>
- ✓ Pollination Canada. <u>www.pollinationcanada.ca</u>
- ✓ Pollination Guelph. <u>www.pollinationguelph.ca</u>
- ✓ The David Suzuki Foundation <u>www.davidsuzuki.org</u>
- ✓ North American Native Plant Society <u>www.nanps.org</u>





# 2023 Eco-Garden Community Workshop Series

Saturdays 10:00 AM to Noon

#### Virtual Sessions via Zoom

February 25: Plant Identification

March 4: Growing Your Own Food

April 15: Native Plants

April 29: Invasive Plants, Control, and Alternatives

June 10: Pollinator Friendly Gardening

October 14: Pruning

November 18: Indoor Plants

# In-Person at the Humber Arboretum

February 4: Winterwood: Winter Tree Identification Tour

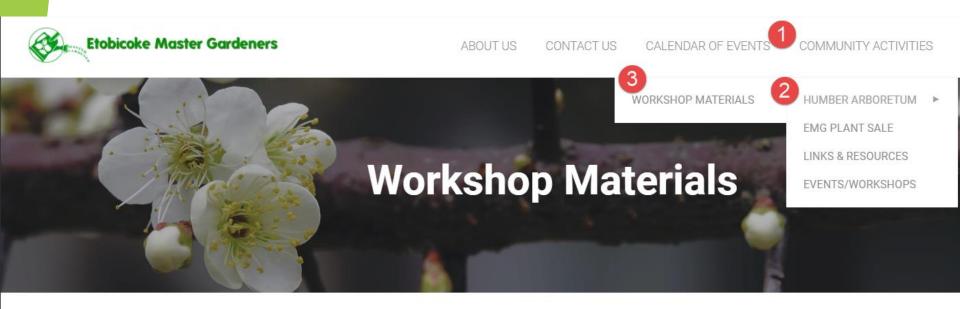
May 6: First-hand Look at Invasive Plants, Control, and Alternatives Tour

October 21: Pruning Workshop

Free, but space is limited & registration is required: Humber.ca/arboretum/emg



#### You can find a copy of the presentation



Native Plant Gardening (April 23, 2022)



# Poll Question How did you hear about the event?

- 1. Humber Arboretum
- Etobicoke Master Gardeners
- 3. Facebook
- 4. Twitter
- Etobicoke Guardian
- 6. Toronto Gardeners
- 7. Lakeshore Environmental Gardening Society
- 8. Etobicoke Horticultural Society
- Other

# Etobicoke Master Gardeners Thank you!

# Questions





